
COUNSELING AND PSYCHOLOGICAL SERVICES (CPS)

	1996-97		1997-98		1998-99	
	FTE	Budget	FTE	Budget	FTE	Budget
<i>Category of Expense:</i>						
Staff Salaries	11.97	517,096	11.97	535,314	11.97	550,377
General Assistance						
Nonsalary/Other		(2,955)		14,333		20,803
TOTAL by Category	11.97	\$514,141	11.97	\$549,647	11.97	\$571,180
<i>Source of Funds:</i>						
Registration Fees	11.97	514,141	11.97	549,647	11.97	571,180
TOTAL by Fund	11.97	\$514,141	11.97	\$549,647	11.97	\$571,180

MISSION

To address the mental health needs of students and enhance their psychological development and well-being. CPS promotes a healthy psychological climate at the university through consultation, outreach, and training within the context of the unique college system.

DESCRIPTION

In support of the academic mission of the University, Counseling and Psychological Services (CPS) is committed to providing a broad range of counseling and mental health services to the increasingly diverse community at UCSC.

GOALS

- To assist retention efforts of the University by providing counseling and educational services, which research has shown increase retention at a rate that pays for the cost.
- To provide counseling services to as many students as possible with decreased resources and increased demand for services.
- To continue the development of Consultation and Outreach Services to provide psychological education and preventative educational programs to students.
- To improve and coordinate crisis services for students.

ACTIVITY DATA

- During the 1997-98 academic year CPS saw 993 students in individual, couples and/or family sessions, stress reduction clinic, and group therapy sessions.
- There were 3,429 clinical sessions (not including group therapy). The average sessions per client was 3.59 in the 1997-98 period.
- Last year CPS had contact with 20,707 members of the campus community. CPS saw 2991 students in 127 Outreach activities by the psychological staff to the campus community. An additional 17,715 campus participants were served with our Consultation services component.